

# *Ellis Trust for Girls*

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## **Enrichment Programs and Activities for Girls Attending Public & Charter Schools**

Participating in after-school, weekend or summer enrichment programs is a great way to have fun while building knowledge, character, and skills that will help you succeed in life. Enrichment programs will allow you to:

- Get a jump start on college work
- Challenge yourself in the great outdoors
- Sharpen your public speaking skills
- Explore a wide variety of careers
- Boost your reading speed and comprehension
- Develop a portfolio for applying to art school
- Take your athletic skills to the next level
- Study at a leading nursing school
- Experience what it's like to live on a college campus
- Express yourself through dance, music, or writing
- And so much more!

*What is your dream?* Let us know and we will help you make it happen. We encourage you to review our list of program suggestions outlined below and select one that interests you, or research programs on your own.

**Please Note:** This list is designed to get you thinking. If you haven't found one you like you may also consider programs not included in this list. Please contact us at 215-790-1666, ext.442 for more information.

- *Programs marked with asterisks (\*\*) had recent Ellis funding. Please note that program approval is subject to change each year.*

## **ACADEMIC ENRICHMENT & Support**

- **Advanced College Experience- Community College of Philadelphia\*\***  
Get a head start on college work with Community College of Philadelphia's Advanced College Experience (ACE) program. The program offers college-level courses for highly motivated high school students. Earn college credits while exploring your career interests or using your creative talents. (L) <http://www.ccp.edu/academic-offerings/high-school-student-programs/summer-opportunities/advance-college-experience-ace>
- **Early College Program – Spelman College\*\***  
The Early College Program (ECP) is a **residential program** for female high school students, who are college bound rising juniors, rising seniors or graduating seniors seeking an early college experience. ECP is an intense academic program that offers college credit courses in English or Biology for current high school juniors and seniors. Excursion trips also included! Sponsored by Spelman College. (R) <https://www.spelman.edu/academics/summer-programs/early-college-program>
- **Harvard Secondary School Program- Harvard University\*\***  
Spend seven weeks at Harvard University being academically challenged, while gaining college credit! Choose from more than 200 courses in various subjects to explore in the summer while living on campus, fully immersed in the college experience. (R) <https://www.summer.harvard.edu/high-school-programs/secondary-school-program>  
Sponsored by Harvard University
- **Kaplan Test Prep \*\***  
Kaplan helps more than three million students each year achieve their education and career goals through programs that prepare them to take high school and college admission tests. <http://www.kaptest.com>
- **Test Prep at TEACH! \*\***  
<http://www.teacheachstudent.com/>
- **Tutoring, Academic coaching and Test Prep at Sylvan!**  
<https://www.sylvanlearning.com/personalized-tutoring/our-approach>

## **The Arts**

- **Appel Farm Arts Camp**  
Residential arts program in studio, musical, performing, and visual arts! (R)  
<https://appelfarmartscamp.org/>
- **Koresh Dance Company**  
Offering classes in a wide variety of dance styles, including hip hop, ballet, jazz, modern, tap, and point. Instructors are widely regarded as some of the best in the city, and many are still professional performers. <http://www.koreshdance.org/index.php>
- **Philadelphia Dance Co. (PHILADANCO)**  
PHILADANCO is well-known for its innovation, creativity and preservation of predominantly African- American traditions in dance. The company offers classes that cultivate and develop young, emerging dancers and choreographers. <http://www.philadanco.org/education/>
- **Philadelphia Young Playwrights**  
Philadelphia Young Playwrights offers Student Playwriting Retreats for budding dramatists, providing opportunities for you to share your work and receive constructive feedback from fellow classmates, professional playwrights, and actors. <http://www.phillyyoungplaywrights.org>
- **Pre-College Saturday School – University of the Arts \*\***  
This Saturday program offers college-level courses — in crafts, design, fine arts, media, performing arts and writing — designed specifically for high school students. The Pre-College Saturday School is committed to providing students with an enriching experience, whether they are developing a portfolio, writing sample, short video or multimedia piece for college admission, or exploring interest in an arts discipline. <https://www.uarts.edu/academics/pre-college-programs/saturday-school-9-12>
- **Settlement Music School \*\***  
Take advantage of individual lessons, classes and activities in music, dance and theatre with other students in Philadelphia! <https://www.settlementmusic.org/quick-facts/>
- **Summer Intensive at the Ballet Academy East in NYC!**  
Spend two weeks in New York City learning the art of Ballet from professional instructors of dance! <http://balletacademyeast.com/summer-intensive/>
- **Temple Music Prep**  
Temple Music Prep, a division of Temple University’s Boyer College of Music and Dance, offers a wide range of classes through several programs: The Center for Life Long Learning offers individual lessons and group enrichment opportunities. The Center for Gifted Young Musicians trains young instrumentalists who demonstrate great potential for musical achievement. Community Music Scholars provides instruction in instrumental music and dance.
- **Walnut Street Theatre**  
The Walnut Street Theatre offers two opportunities for students to explore the world of theater through “The Theatre School” and “Camp Walnut.” Both the school and camp provide in-depth programming, consisting of concentrated workshops, classes, and performances. Explore your

hidden talents, improve your communication skills, and ignite your imagination.

<http://www.walnutstreettheatre.org/education>

- **Young Artists Workshop – Moore College of Art & Design**

The Young Artists Workshop (YAW) offers classes in animation, computer graphics, fashion design, fine arts, photography, and more for students in grades 9 through 12. You can choose from a variety of weekend and summer programs.

[http://www.moore.edu/youth\\_programs/young\\_artists\\_workshop](http://www.moore.edu/youth_programs/young_artists_workshop)

## **STEM and Careers**

- **Leadership in the Business World- UPenn**

Leadership in the Business World (LBW) is an intensive summer program for a select group of rising high school seniors who want an introduction to a top-notch undergraduate business education and the opportunity to hone their leadership, teamwork, and communication skills. **(R)**

<http://www.wharton.upenn.edu/academics/lbw.cfm>

Sponsored by the Wharton School of Business

- **Management & Technology Summer Institute- UPenn**

For rising high school seniors interested in the principles and practice of technological innovation in the business world. Sponsored by the Jerome Fisher Program in Management and Technology, the School of Engineering and Applied Science, and the Wharton School of Business. **(R)**

<http://www.upenn.edu/fisher/summer-mt>

- **Modell Science Apprentice \*\***

Monell Chemical Sense Center- An intensive eight-week internship allows students to participate in structured research experiences, as well as in a number of enrichment activities. Students will gain an increased appreciation of the chemical senses, and also valuable experience in the world of working scientists: a demystification of science, the development of critical thinking skills, and hands-on experience of the scientific process. **(L)**

[https://www.monell.org/education\\_training/science\\_apprenticeship\\_program](https://www.monell.org/education_training/science_apprenticeship_program)

- **Philadelphia Free Enterprise Week (PREW)**

Participants in PFEW learn about the American free-enterprise system and what it takes to be successful in an increasingly competitive global marketplace. The program brings students together with business people from throughout the state. <https://www.pfew.org/>

**Philadelphia Youth Network (PYNinc)**

PYNinc wishes to give young people in Philadelphia access to meaningful, career-readiness programming so that they may achieve a secondary credential and succeed in their post-secondary choice. PYNinc has programming such as summer Employment programs and Career exposure programs which provide work experience across a broad spectrum of industry for students living in Philadelphia. **(L)** <https://www.pyninc.org/connected#apply>

- **Summer Science @ Jefferson – Biomedical Sciences**

Spend four weeks at Thomas Jefferson University learning about cell biology, molecular biology, cellular pathology, and the biology of disease. Students learn laboratory techniques such as cell

culture, DNA sequencing, and polymerase chain reaction (PCR), a technique used to amplify DNA. The program is open to students entering junior or senior year of high school.

<http://www.jefferson.edu/summerscience>

- **University of Pennsylvania Summer High School Programs**

The Penn Summer Prep Program allows ambitious students to enroll in two undergraduate-level modules from across disciplines while benefiting from the rich educational resources of the University. Students can also experience college life on Penn's historic campus and explore the vibrant city of Philadelphia. If you attend a School District of Philadelphia public or charter high school, you may be eligible to attend Penn Summer Prep free of charge with a Penn Summer Scholarship. <http://www.sas.upenn.edu/summer/programs/highschool>

Sponsored by the College of Liberal and Professional Studies

- **Veterinary Exploration through Science (VETS) Program**

The University of Pennsylvania's Veterinary School offers a summer program for 11th and 12th graders interested in veterinary science. Participate in rotations with fourth-year vet students and experience the practice of veterinary medicine at the university's animal hospital. The program provides an understanding of the challenges and rewards of the veterinary medicine profession.

<http://www.vet.upenn.edu/education/admissions/summer-vets-program>

- **Wharton Sports Business Academy (WSBA)**

This four-week program for high school juniors and seniors introduces participants to the sports management business and explains how various academic disciplines may apply to management and leadership in the business of sports. <https://wsb.wharton.upenn.edu/>

- **WHYY**

WHYY's youth programs offer hands-on production training. You can produce short documentaries, create original radio stories, and operate equipment. WHYY offers Youth Afterschool Workshops as well as the Young Journalist Camps in the summer. Summer camps focus on multimedia journalism and filmmaking. The afterschool programs are free and are filled on a first-come, first-served basis. <https://whyy.org/education/summer-camps/>

- **Women's Engineering Exploration (WE2)**

Temple University's College of Engineering offers a one-week residential summer program for female high school students entering their sophomore, junior, or senior year. Students will work on engineering projects, engage in group discussions, and go on a field trip.

<https://engineering.temple.edu/academics/degree-programs/k-12-stem-summer-programs>

- **Women in Natural Sciences (WINS) \*\***

WINS is a free afterschool and summer science enrichment program at the Academy of Natural Sciences in Philadelphia. WINS introduces high school girls to future careers in science and other professions by providing hands-on science workshops, career and college exploration, and positive youth development. <http://www.ansp.org/education/programs/wins/>

## Athletics (Dance and Sports)

- **Legacy Youth Tennis & Education**  
Boasting one of the most comprehensive junior tennis programs in the country, this organization offers a variety of classes for young people ages 4 to 18, at all levels of experience and ability. You can take tennis lessons and attend tennis clinics and camps in the Philadelphia area year-round. <http://www.legacyyte.org>
- **Philadelphia 76ers Camps**  
The 76ers camps meet the needs of all hoops players of skill levels, from beginners to pro-level athletes. Overnight basketball and dance camps are offered as well as one-on-one camps and clinics. Learn the drills that current college and pro players have used to take their game to the next level. <http://www.sixerscamps.com>

## Leadership Development

- **Julian Krinsky Camps & Programs \*\***  
Immerse yourself in one of this organization's world-class summer educational programs. Twelve different programs and camps — focusing on the arts, sports, fitness, and pre-college experiences — provide you with stimulating opportunities for personal development and growth locally and globally through their global leadership programs. Krinsky programs also include internship opportunities for students ages 16-18. (R) <https://www.jkcp.com/landing.php>
- **Junior Statesmen Foundation**  
The Junior State of America and the Junior Statesmen of America conduct summer programs for aspiring leaders. Admission to the summer school programs is competitive. Acceptance decisions are based on academic achievement, leadership ability, maturity, and interest in politics, history, and government. <https://www.jsa.org/schools/>
- **Lead America**  
Lead America offers outstanding, high-achieving students the opportunity to experience college life while exploring their future path and discover what inspires them most. The organization partners with some of the top colleges and universities in the country to offer college immersion programs designed to prepare students for the transition to college life and beyond. <https://www.envisionexperience.com/>
- **Leadership Education and Development (LEAD)**  
LEAD offers high-achieving students the opportunity to take classes while living on campus for three or four weeks at some of the top business and engineering schools in the U.S. (R) <http://www.leadprogram.org/>
- **Leadership in the Business World- UPenn**  
This intensive four-week program is sponsored by the prestigious Wharton School at the University of Pennsylvania. Participants engage in classroom discussions, meetings with successful, local entrepreneurs, and group projects — activities that will help shape them into effective leaders in the business world. (R) <http://www.wharton.upenn.edu/academics/lbw.cfm>

- **National Hispanic Institute (NHI)**  
NHI provides young Latino people with experiences that help them envision themselves as future community leaders. By taking part in the organization's The Great Debate program, you can gain experience in creating strong arguments and communicating them through eloquent expression. The Collegiate World Series (CWS) program focuses on building skills that will help you excel in the college admission process and in college life.  
<https://www.nationalhispanicinstitute.org/nhiprograms/>
  
- **National Youth Leadership Forum (NYLF)**  
NYLF helps prepare extraordinary young people for bright academic futures and successful professional careers. Forums are offered in a variety of topics and career fields, including law, medicine, collegiate success and national security. High-achieving high school students must be nominated by educators, organization advisors, alumni, or participating institutions in order to attend the programs. <https://www.envisionexperience.com/program-catalog?level=hs>
  
- **Options Without Walls, College tours. \*\***  
Options Without Walls provides counseling to help individuals determine how to navigate their way to achieving academic and professional goals. Options Without Walls also offers individual consultations, group consultations, workshops and college tours.  
<http://collegeoptionwow.com/home/apply-now/college-tour/>
  
- **Outward Bound Philadelphia**  
Outward Bound offers a variety of programs that emphasize personal growth through challenging wilderness experiences, like backpacking along the Appalachian Trail or canoeing on the Delaware River. Develop leadership and personal skills that you can use in everyday life at home and in school. <http://outwardboundphiladelphia.org/>
  
- **YMCA Camp Ockanickon**  
The YMCA Camp Ockanickon offers one-week and two-week sessions of overnight camps for girls age 7 to 16 through its Camp Matollionequay in Medford, NJ. Living in a beautiful outdoor setting, surrounded by nature, you are given the opportunity to explore your personal limits, build your self-esteem, and discover a sense of independence in a safe, supportive, and nurturing environment. <https://ycamp.org/overnight-camp-for-girls-nj/camp-matollionequay-activities>